

Exhibit B

Twin Flames Universe: Open Forum

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Arcelia Francis

November 17, 2017 · Sangerfield, NY · 🌎

...

So a running issue I have been encountering is being overwhelmed with all the personal work I have to do. I naturally wanna overcome obstacles and barriers as quickly and efficiently as possible but one issue I go through is being a scatter brain and getting anxiety about all the blocks I'm facing, then I start avoiding myself again to cope. Any advice?



Fabian A. Scholz and 2 others

12 Comments

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Arcelia Francis is 😊 feeling strong.

8 hrs ·

I accept that 99% of the people I've met aren't ever gonna be half as brave as I am, and I accept and love them for their weakness and lack of integrity. I am blessed to have been given this painful path, it has made me into a person of incomprehensible strength that others couldn't even wrap their heads around being. I embrace the anomaly of my inimitable existence! 🌟

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10 Suramya Singh and 15 others

Nicole Becker
Yes you are love. 1

8h Like Reply

Beth Bradley
YES, You are extremely BRAVE!!!!!! You are Powerful and Always Amaze me whenever I think of you!!! Your path is going to get easier and easier from this moment forward!!! Because you are so in tune with The Lord and always know what to do next, now!!!
"Glory to Glory" Days!!! And Nights!! Forever!!!
"Heaven Culture" Forever Whoo-hoo!!!
You were never meant for that hard path, the enemy tried attacking you because you have a more Powerful Destiny than most! And He knew you were born to release The Glory in a Profound and Powerful Way!! And take Dominion on The Earth Realm for Love & God & Heaven & Jesus!!
Everywhere your foot steps is FIRE!! Bringing Love and ultimate destruction to the enemy of Love!
 God does an 828 on that hard part, Romans 828 and let's you use it for your Ultimate Spiritual Mastery!
You are definitely Called by Him and in a Profound and Powerful Way!!!

8h Like Reply 1

Arcelia Francis
Everything you said made me feel alive!!!! "And take Dominion on The Earth Realm for Love & God & Heaven & Jesus!!" I had to breathe in to my heart the moment I read it because I felt it so strongly!! ❤️ And I know you are so strong as well, you've been through such terrible circumstances that people would not

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Shaleia

Shaleia Clare Ayan
Yes, and Jesus also says that those who praise themselves will be humbled, and those who are humble will be praised.

8h Like Reply 13

Gloria Grace
A few days ago I was watching one of the first TFAS classes where you and Jeff were teaching about humility and emphasizing its importance on our journey - over arrogance. You taught your students to choose humility always and release arrogance. No coincidence (of course) that you taught about it on one of the first classes - as it is sooo important. Thank you so much Shaleia for teaching us always what we need to learn 🙏
之心 I choose to be humble. God is teaching me to be humble also through my twinflame.

7h Like Reply 1

Arcelia Francis
Indeed this is true, yet I have also learned that it is okay to applaud ourselves for the greatness that we are and how far we've come since we should never expect praise from anyone outside of ourselves! ❤️

6h Like Reply

Victoria Bonilla
Being proud and acknowledging your successes is great, however if it requires slighting others "99% of the people I've met aren't ever gonna be half as brave as I am, and I accept and love them for their weakness and lack of integrity." is it actually loving to you or anyone else? Celebrate you for your sake. Not at the detriment of others.

6h Like Reply

Arcelia Francis
It is in my honest opinion. If it involves encouraging other people to see where they could improve upon themselves, I will be that example, even if it appears as aggressive vanity to the person who is offended because of their lack of willingness to better themselves.

6h Like Reply

Shaleia Clare Ayan
What Victoria said, but by all means....

21m Like Reply

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6h Like Reply

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6h Like Reply

Shaleia Clare Ayan
What Victoria said, but by all means....

21m Like Reply

Shaleia Clare Ayan
Jeff says you sound like a dick.

19m Like Reply

Arcelia Francis
Shaleia Clare Ayan, Jeff sounds like a dick sometimes too, but I don't go out of my way to point that out. I just accept and respect how he gets his point across even when it seems rude or off putting. I've realized that I absolutely love conflict and challenge, and I just can't help but place high value on feelings that are expressed honestly and bluntly without shame, and I've decided to completely accept that that's just how I am instead of trying to change it like everyone else has been telling me to over the years. I personally see no problem with this part of myself, but the "law of contrast" will make sure I become aware of my faults if I have yet to see the truth here. And that's IF I need to change for my own highest and best good.

3m Like Reply

Shaleia Clare Ayan
I have compassion for you. Good luck on your journey.

Just now Like Reply

Write a reply...

Deborah Ann Colihan-Mroz
Yes mam!!!!

7h Like Reply 1

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Arcelia Francis

August 4, 2019 · 🌎

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MIND = BLOWN 😱

I woke up this morning feeling strange...I just had a strong longing feeling for intimacy with my TF that I never felt before. I was speaking to God asking him what this is and why its happening... We spoke for a while...And still have some things to speak of as he helps me go deeper into healing this as my #1 coach, but this is what he said that really fucking knocked my socks off... "The reason you can't find intimacy with your Life purpose after you've tried to find the flow with it so many times is because you resist intimacy with your twin flame, and its required for you to go deeper here into who you are"...

Its scary how much God reveals to you when you let your guard down and are willing to talk to him straight up with no walls...So anyways, I'm going back in now, but I just had to share this one thing...He told me something way too juicy for me to not share...Love you all, and I love my Father... ❤️